

Stories for Lipreading



[Physical Jerks by Sherri Turner - Setting the Scene](#)

Ruth's 50th birthday is approaching. Reluctantly, she joins a gym to lose weight before her birthday party, but it's not the solution she had hoped for.

Helpful Vocabulary and Phrases

This story has been split into two episodes.

Episode One

Grunting and sweating
There had to be limits
Wrinkled vastness
Electronic screen
Schedule
At least ten
Gritted her teeth
Cup of tea and cake in front of the telly
Trial
Becky
Dignity
Graham, had grinned
Hard to stick at exercise
Tick over
Nagged or encouraged
Mocking display
Julie
Despite being a size 8
You could get into something
Limp, low-calorie salad
Deli sandwich
Hovering in the air

Episode Two

Myriad of cards
She had insisted
An entrance
A steadying glass of champagne in hand
The lady had been very kind

Stories for Lipreading



Hitting on something
Not least the increase in confidence
Ringing a small bell
CD player
Started her descent
Flattering every curve